

# WINTER

## What's on For Families in North East Edinburgh

**Free or Low-Cost Activities and Support  
available during the Holidays**



### **Craigmillar Library**

Baby and toddler Rhymetimes won't be running on Tue 25<sup>th</sup> Dec and Tue 1<sup>st</sup> January, will restart on Tue 8<sup>th</sup> January 11am-12pm  
Craigmillar Library Spanish Rhymetime every Friday during and after the holidays, 10.30-11.00 am

### **Play Talk, Read Bus**

Craigmillar Library, Wednesday 23<sup>rd</sup> January 2019 10.00-1pm and 2-4pm  
Free Activities for 0-3year olds

### **Piershill Library**

Bookbug won't run on Wed 26<sup>th</sup> Dec and Wed 2<sup>nd</sup> Jan, will restart on Wed 9<sup>th</sup> Jan 2-2.30pm  
Polish Rhymetime 11-11.30 am, 22<sup>nd</sup> Dec, 5<sup>th</sup> Jan, then every 2<sup>nd</sup> Saturday  
Polskie rymowanki spotkania odbywaja sie co druga sobote 11.00-11.30  
Storytime with Kenny and the Magic Rug Time, Fridays 10.30am  
Saturday Craft sessions are not currently running.  
For more information call Piershill Library on 0131 529 5685

### **Portobello Library**

Bookbug won't run on Wed 26<sup>th</sup> Dec and Wed 2<sup>nd</sup> Jan, will restart on Wed 9<sup>th</sup> Jan, 10.15am-10.45am and 11.15am – 11.45am  
Bookbug each Saturday 11.30 am-12.00pm  
Lego Building & Creativity sessions, Fri 28<sup>th</sup> Dec, 11<sup>th</sup> Jan then every second Fri at 2pm, 6-12yrs  
For more information call Portobello Library on 0131 529 5558

### **McDonald Road Library**

Bookbug Friday 21<sup>st</sup> December and 4<sup>th</sup> January 10.30-11.00am then weekly.  
Library Craft Sessions for 4-11years, Fridays 3-4pm (no session on 28<sup>th</sup> December)  
For more information contact Mcdonald Road Library on 0131 529 5636

### **Leith Library**

Library craft sessions for 4-10year olds Fridays 2.30-3.30pm  
Contact Leith Library for more information on 0131 529 5517

### **Winter Mini Reading Challenge**

Children can read any three books before Friday 11<sup>th</sup> January and review these online to achieve their certificate and virtual badge. Online activities and quizzes. Pop into your local library and borrow some new books. Register for free at <https://summerreadingchallenge.org.uk/signing-in-src>

### **Jack Kane Community Centre Youth Groups**

280 Niddrie Mains Road, EH16 4ND  
Friday 28<sup>th</sup> Dec and Friday 4<sup>th</sup> Jan 1-3pm -Good Hood for 8-11year olds. Free and snack provided.  
Friday 28<sup>th</sup> Dec and Friday 4<sup>th</sup> Jan – Active Youth for 12-18year olds. Free and snack provided.  
Parents/carers will need to complete a consent form for children attending activities at the centre.  
For more information contact the Jack Kane Centre on 0131 657 1595

### **Magdalene Community Centre**

Community Christmas Party, Friday 21<sup>st</sup> Dec 6pm. Under 8s must be accompanied by an adult. Under 12s must be dropped off and collected by an adult. Christmas Fair in the Foyer. Tel: 0131 669 8760

### **Active Schools Christmas Eve Sports Programme**

Trinity Academy, 10am-3pm, Primary 1-7 from any North-East school  
Free for families receiving free school meals or £10. Please provide lunch, snacks and water.  
To book a place go to [www.joininedinburgh.org](http://www.joininedinburgh.org) and search for **CAM-33**. For more information contact Ryan McGill on 07824 622 953

### **Christmas Basketball Camp**

City of Edinburgh Basketball Club, Holyrood High School  
Saturday 5<sup>th</sup> and Sunday 6<sup>th</sup> January 2019, P1-4 9-10.30am, P5-7 10.30am-12pm  
Open to all abilities. Register for one or two days, £5 per session (reductions available for families on low income) Register at [www.cityofedinburghbasketball.net/camp/](http://www.cityofedinburghbasketball.net/camp/) For more information please contact Katie McPherson Email: [cityofedinburgh@gmail.com](mailto:cityofedinburgh@gmail.com)

### **Screening of the classic White Christmas Movie** run by Gamechanger

Hibs Easter Road Stadium – Tuesday 18<sup>th</sup> December 7pm  
FREE -All welcome, under 12year olds must be accompanied by an adult, to book email [gamechangerpsp@nhslothian.scot.nhs.uk](mailto:gamechangerpsp@nhslothian.scot.nhs.uk)

### **Activities at The National Museum**

Chambers Street, EH11JF  
The National Museum of Scotland is free and full of fun for kids of all ages- light up the room on the energy wheel, bring a Chinese dragon to life, unearth a fossil in a dinosaur dig and so much more!  
*Open Daily: 10.00-17.00, Christmas Day: Closed, Boxing Day/New Year's Day: 12.00-17.00*

Hogmanay Family Fun Monday 31<sup>st</sup> December 10.00-4.00pm

Step Wee Ceilidh Monday 31<sup>st</sup> December, spaces available at 11.45-12.30 and 13.45-14.30  
£3.00 per child accompanying adults free

Christmas Art Competition

Thursday 27<sup>th</sup> December – Sunday 30<sup>th</sup> December, 10.30-4.30pm Free. All Ages

Magic Carpet Mini Session for 2-4year olds

21<sup>st</sup> December 2018, Sessions 10.30am and 11.30am book online at National Museum of Scotland

Science Saturday AYE Robots

19<sup>th</sup> January 2019 12-4.00pm suitable for all ages

### **Activities at The National Portrait Gallery, 1 Queen Street, EH21JD**

Wee Treasures

Ages 2-5, 5 January, 10.30 & 11.30am

*Multisensory storytelling in the gallery, inspired by a different painting each month.*

Christmas Concert Under the Stars

Ages 0-5, Fri 14 Dec, 10:30 and 11:45am

*Live Music Now are back with a very special festive concert in our glorious Great Hall just for wee ones and their grown-ups.*

Postcard Portraits

Ages 6+, younger siblings welcome too. 9 Dec, 13 Jan, 2-4pm

*Pick your postcards, find the portraits and create your own personal masterpieces.*

## **Activities at the Scottish National Gallery of Modern Art**

75 Belford Road, EH4 3DR

BYOB: Bring Your Own Baby/ Bump Ages 0-1

7 Jan. Tours: 10.15, 11am & 11.30am

*Monthly informal chats in the gallery for grown-ups with their wee-est ones*

Family Art Tour Ages 6+,

Tour available at 11am. Younger siblings welcome too.

*Short, interactive, creative tours. The perfect introduction to art for your whole family. BSL interpreted.*

## **Children with Additional Support Needs**

### **Disability in Action**

Jack Kane Community Centre, 208 Niddrie Mains Road

Free activity sessions for children with additional support needs aged 0-14yrs and their parents/carers and siblings.

Family Play and Crafts- Saturday 22<sup>nd</sup> December, 10.00am-12.00pm, then fun packed activity sessions each Saturday from the 12<sup>th</sup> of January 2019.

Tel: 0131 657 1595 for more information or if attending the first time.

### **The Yard, 22 Eyre Place Lane, EH3 5EH**

The Yard offers disabled children/young people, and their siblings, the chance to experience creative, adventurous indoor and outdoor play in a well-supported environment.

New members are welcome at any family session for their first free taster visit with no booking necessary. Any child with a disability can become a member.

Christmas Holiday Family Time sessions will run 12-5pm on-

Saturday 22<sup>nd</sup> December 12-5pm, Saturday 29<sup>th</sup> Dec 12-5pm and Saturday 5<sup>th</sup> Jan 2019

Sunday Funday Sessions are open to the public for all families including non-members at £6 per child for a 2hour session.

Christmas Holiday Funday sessions will run 10-4pm on Sunday 30<sup>th</sup> Dec and Sunday 6<sup>th</sup> Jan 2019.

### **Play Sense Create: Taster**

WHALE Arts, 30 Westburn Grove, EH14 2SA, Saturday 19<sup>th</sup> January 2019, 1.30-3.30pm

A new Multi-arts project for primary aged young people with Additional Support Needs/Disabilities and their families. Featuring dance, music, art, drama and more!

For the first session, try out some arts and crafts and help plan future session days.

### **Cinemas**

Autism friendly cinema sessions are run by Odeon, Vue, Cineworld and Showcase, these often run monthly on a Sunday morning offering a sensory friendly and inclusive environment. Carers go free with a CEA card [www.ceacard.co.uk/](http://www.ceacard.co.uk/)

Odeon- Mary Poppins Sunday 30<sup>th</sup> December at 10:15am.

For more info [www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/](http://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/)

### **Jumpin Trampoline Park SEN Sessions**

Newhailes Industrial Estate, Newhailes Rd, EH21 6SY Wednesday 19<sup>th</sup> December and 2<sup>nd</sup>

January 5-7pm (then weekly) £7 per session, carers free entry. Soft lighting and soothing music makes for a calm and safe, autism friendly sensory space to play.

## **Community Food**

**Hope Community Cafe Free Festive Meals**, 135 Mountcastle Drive South, EH15 3LR  
19th December, Community Meal, festive feast 5.30pm, available for local families.  
25<sup>th</sup> December, Christmas dinner 1.30pm, available for local families.  
Book by Tuesday 18<sup>th</sup> December [bookyourplace@HopeCommunityCafe](mailto:bookyourplace@HopeCommunityCafe) or tel. 078 571 791 69  
[www.facebook.com/hopecommunitycafebingham](http://www.facebook.com/hopecommunitycafebingham)

**Niddrie Community Church Christmas Day Service followed by 3 Course Lunch**  
12 Hay Drive, EH16 4RY. Tuesday 25<sup>th</sup> December– FREE- to book please call into the café or contact Andy Constable on 07739711363

**South Leith Parish Church Halls Christmas Day Lunch**, 6 Henderson Street, EH6 6BS.  
Tuesday 25<sup>th</sup> December– FREE- please book by 21<sup>st</sup> December email  
[info@edinburghne.foodbank.org.uk](mailto:info@edinburghne.foodbank.org.uk)

**Free Christmas Day Lunch Hibernian Football Club**, Hibs Easter Road Stadium,  
Tuesday 25<sup>th</sup> December 11-3.00pm  
For those who may be on their own or need a little help over the holidays. Free taxi available.  
For more information or to secure a place Email [Gamechangerpsp@nhslothian.scot.nhs.uk](mailto:Gamechangerpsp@nhslothian.scot.nhs.uk)

### **Foodbanks**

Foodbanks are able to provide emergency food for three days to anyone who finds themselves in crisis. Anyone needing help will need a valid foodbank voucher. To find out which agencies can issue vouchers contact The Foodbank on 0131 444 0030 or Social Care Direct on 0131 200 2324/Out of Hours 0800 731 6969. Vouchers can be taken to the nearest Foodbank Centre where volunteers give a warm welcome, can offer support and put together a nutritious food parcel.  
[www.edinburghne.foodbank.org.uk/](http://www.edinburghne.foodbank.org.uk/)

**Craigmillar Foodbank**, Bristo Memorial Church, 196 Peffermill Road, EH16 4AJ  
Opening times: Tue 11:00 - 14:00 Thu 11:00 - 14:00 Sat 12:30 - 14:30  
**Closed: Tuesday the 25th of December and Tuesday the 1st of January**

**Broughton Foodbank**, Broughton St Mary's Parish Church, Bellevue Crescent, EH3 6NE  
Opening times: Mon 13:30 - 15:30 Thu 13:30 - 15:30  
**Closed: Monday 24th, Thursday the 27th and Monday the 31st of December**

**South Leith Parish Church Halls**, 6 Henderson Street, Leith EH6 6BS  
Opening times: Monday 13:00-14.30 Fri 15:00-17:00

**North Leith Parish Church Halls**, 1b Madiara Street, Leith, EH6 4AW  
Opening times: Tuesday 10:00-12:00 Friday 10:00-12:00  
**Closed: 25th December and 1st January only**

**Leith St Andrew's Church Hall**, 410-412 Easter Road, Leith, EH6 8HT  
Opening times: Tuesday 13:00-14.30 Thursday 10:00-11.30  
**Closed: 25th December and 1st January only**

**Pilrig St Paul's Church Hall**, 1a Pilrig Street, Leith, EH6 5AH  
Opening times: Wednesday 16:30-18:00

**St Margaret's Parish Church Halls**, 48 Restalrig Road South, EH7 6LE  
Opening times: Wednesday 11:00-12.30

## Support and Information

### **Family and Household Support Christmas Holiday Drop ins/Phone Support**

Support and advice from Housing and Family Support staff on benefits, budgeting and debt. Help with tenancies or housing bids. Email [northeast.familyandhouseholdsupport@edinburgh.gov.uk](mailto:northeast.familyandhouseholdsupport@edinburgh.gov.uk)

Drop in–North East Neighbourhood Office 101 Niddrie Mains Road Thu 20<sup>th</sup> December 2-4pm

Drop in- Leith Library 26-30 Ferry Road Friday 21<sup>st</sup> December 10am-12

Phone Support Available on Tel: 0131 529 7168 on Thu 27<sup>th</sup> December 2-4pm, Fri 28<sup>th</sup> December 10am-12, Thu 3<sup>rd</sup> January 2019 2-4pm and Fri 4<sup>th</sup> January 2019 10am-12pm

Drop in North East Neighbourhood Office 101 Niddrie Mains Road Thurs 10<sup>th</sup> January 2019 2-4pm (then weekly)

Drop in Leith Library 28-30 Ferry Road Fri 11<sup>th</sup> January 2019 10am-12 (then weekly)

### **Well Baby Clinics –FOR REGISTERED PATIENTS ONLY**

Mountcastle Health Centre- Monday 10 am –11am (running as normal 24<sup>th</sup> and 31<sup>st</sup> December)

Craigmillar Medical Group –Wednesday 9.30am -11am (no clinic 26<sup>th</sup> December, 2<sup>nd</sup> January)

Leith Community Treatment Centre, Mondays 1.30-3.30pm (no clinic on 24<sup>th</sup> December)

### **VOCAL Support for Carers (closed from 24th Dec until 3rd Jan 2019 apart from below dates)**

Telephone support available for carers 9am to 5pm Thu 27<sup>th</sup> and Fri 28<sup>th</sup> Dec on 0131 622 6666.

VOCAL Carers Café, 60 Leith Walk, EH6 5HB Thu 27<sup>th</sup> and Fri 28<sup>th</sup> Dec, 10am to 3pm

Fri 28<sup>th</sup> Dec 2pm- 4pm SMART Meeting, support for family/friends of those using drugs or alcohol.

### **Parentline Scotland – Children 1<sup>st</sup>**

Free helpline, email and web-chat service offering advice and support for parents and carers

Mon-Fri 9am- 9pm Sat and Sun 9am-12 pm. **(24<sup>th</sup> Dec-2<sup>nd</sup> Jan 10am-1pm)** Tel: 08000 28 22 33

[www.children1st.org.uk/help-for-families/parentline-scotland/](http://www.children1st.org.uk/help-for-families/parentline-scotland/)

### **Lone Parent Helpline-One Parent Families Scotland [www.opfs.org.uk](http://www.opfs.org.uk)**

Information and advice for single parents. Open Mon-Fri 9.30am-4.00pm Tel: 08088010323

**Closed from Sat 22<sup>nd</sup> Dec, Reopens Thu 3<sup>rd</sup> January 2019**

### **Social Care Direct- Children and Families Social Work**

Request help or advice about a child or vulnerable adult requiring support due to illness, disability or at risk or harm. Tel: 0131 200 2324 Out of Hours 08007316969

### **Domestic Abuse Freephone 24 hr Helpline**

Support for Women experiencing domestic abuse and their friends and family. Translation facilities available for callers whose first language is not English. Tel: 0808200247

### **Programmes Activities and Groups for Parent and Carers**

For information on the support available for Parents and Carers in North East Edinburgh visit

[www.edinburgh.gov.uk/pacs](http://www.edinburgh.gov.uk/pacs) or contact the Parent and Carer Support Development Officer, Lifelong Learning on 0131 469 3081, Mon-Fri 10am-3pm before the 21<sup>st</sup> Dec or after 7<sup>th</sup> Jan 2019.

### **If you would like to add activities to a future**

***What's On for Families in NE Edinburgh* list or**

**if any information in this list is incorrect please**

**email [supportingparentsandcarers@edinburgh.gov.uk](mailto:supportingparentsandcarers@edinburgh.gov.uk)**

